

Tineli Size Guide

The following charts show which size garment will fit you best.

Tineli clothing is designed to be a cycling fit. If you prefer a more relaxed jersey fit choose one size larger than the sizing chart indicates.

For custom orders please confirm with your team or club manager what style and cut of garment that you are ordering before consulting the size and fitting guide.

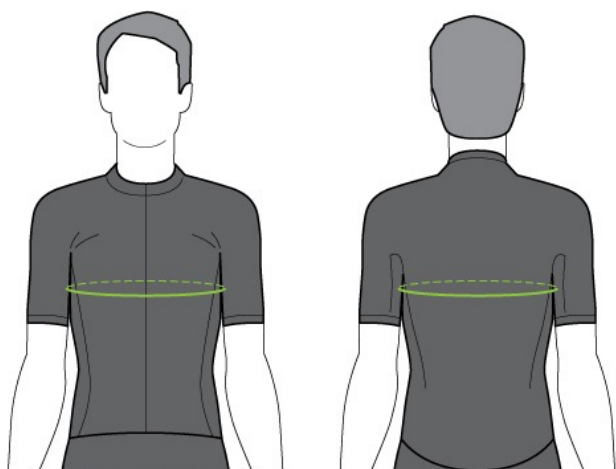
Fitting Guide

Custom Jerseys

Tineli jerseys have a slim fit. Consider going up a size if you'd like a more relaxed fit.

See the [Fitting Guide](#) below for specific details on the Pro, Race and Sport cuts.

Measure around your chest.

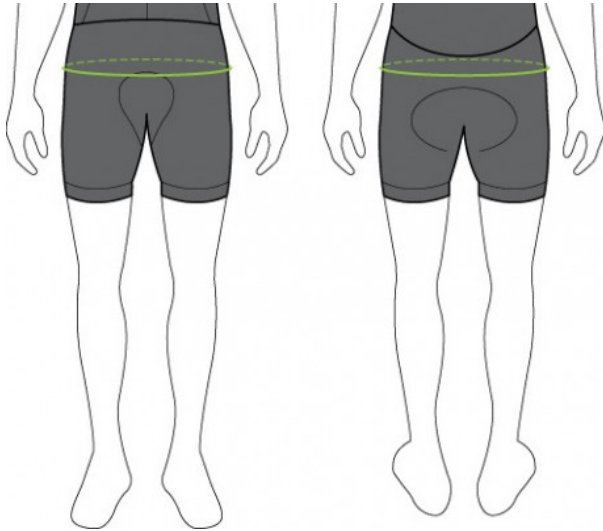


Size	Chest	Length
Kids 128	65 cm	50 cm
Kids 140	72 cm	52 cm
Kids 152	78 cm	55 cm
XS	88 cm	64 cm
S	92 cm	67 cm
M	96 cm	70 cm
L	100 cm	73 cm
XL	104 cm	76 cm
XXL	110 cm	79 cm
3XL	116 cm	82 cm

Custom Shorts

Tineli shorts, bibs and tights have a stretchy lycra and should be tight fitting, while not being constrictive. The sizing for these is dependent on hip size.

Measure around the hips and bum at the widest point.

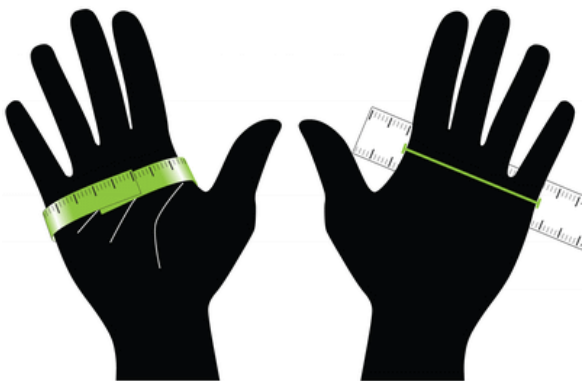


Size	Hips	Inseam
Kids 128	70 cm	14 cm
Kids 140	76 cm	15 cm
Kids 152	82 cm	16 cm
XS	94 cm	20 cm
S	98 cm	21 cm
M	102 cm	22 cm
L	106 cm	23 cm
XL	110 cm	24 cm
XXL	116 cm	24.5 cm
3XL	122 cm	25 cm

Custom Gloves

Measure the circumference and/or width of your hand at the knuckles.

The circumference will give better results, but the width is easier if you don't have a tape measure.

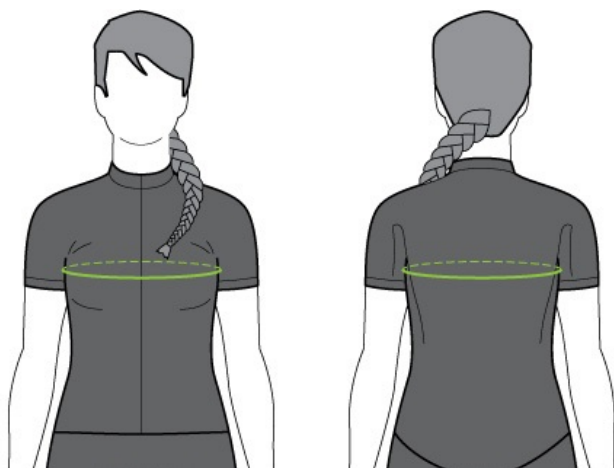


Size	Circumference	Width
XXS	18.5 cm	8.0 cm
XS	19.4 cm	8.3 cm
S	20.4 cm	8.7 cm
M	21.3 cm	9.1 cm
L	22.2 cm	9.5 cm
XL	23.1 cm	10.0 cm
XXL	24.0 cm	10.5 cm

Women's Custom Jerseys

Tineli jerseys have a slim fit. The cut is not skin tight (except the Pro Aero Jersey), but slimmer than the jackets. Our jerseys are made out of high stretch fabrics, so that they adapt to your body. Please see the guide below for the recommended size with regard to chest size.

Measure around your chest.

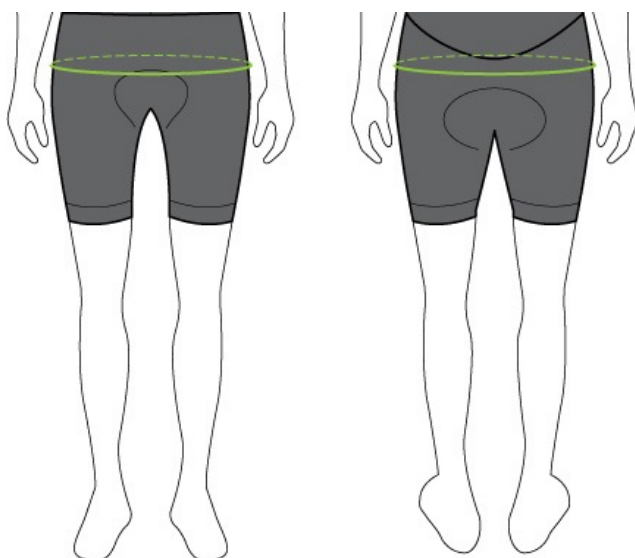


Size	Bust	Length
XXS (4)	<74 cm	60 cm
XS (6)	77 cm	62 cm
S (8)	82 cm	64 cm
M (10)	88 cm	66 cm
L (12)	94 cm	68 cm
XL (14)	98 cm	70 cm
XXL (16)	100 cm	72 cm
3XL (18)	>104 cm	74 cm

Women's Custom Shorts

Tineli Bib Shorts, Shorts, $\frac{3}{4}$ Shorts and Winter Tights have a stretchy lycra and should be tight fitting, while not being constrictive. The sizing for these is dependent on hip size.

Measure around the hips and bum at the widest point.



Size	Hips	Inseam
XXS (4)	90 cm	18 cm
XS (6)	94 cm	19 cm
S (8)	98 cm	20 cm
M (10)	102 cm	21 cm
L (12)	106 cm	21.5 cm
XL (14)	110 cm	22 cm
XXL (16)	116 cm	23 cm
3XL (18)	122 cm	24 cm